

## Chen's Tai Chi Single Straight Sword (Dan Jian)

### 陈氏太极单剑套路名称

No.	Chinese Names (中文名称)	Pinyin (拼音)	English Explanation (英文名称)
1.	太极剑初势	Taijijian Chu Shi	Taichi Sword Beginning Posture
2.	朝阳剑	Chao Yang Jian	Face the Sun
3.	仙人指路	Xian Ren Zhi Lu	Immortal Pointing the Way
4.	青龙出水	Qing Long Chu Shui	Black Dragon Flies Out of Water
5.	护膝剑	Hu Xi Jian	Knee-protecting Sword
6.	闭门式	Bi Men Shi	Closing the Gate Form
7.	青龙出水	Qing Long Chu Shui	Green Dragon Flies Out of Water
8.	翻身下劈剑	Fan Shen Xia Pi Jian	Turn Body And Chop with Sword
9.	青龙转身	QingLong ZhuanShen	Black Dragon Turns Its Body
10.	斜飞式	Xie fei Shi	Diagonal Flying Form
11.	展翅点头	Zhan chi Dian Tou	Spread Wings and Bow Head
12.	拨草寻蛇	Bo cao Xun She	Beat Grass and Find the Snake
13.	金鸡独立	Jin ji Du Li	Gold Rooster Stand on One Leg
14.	仙人指路	Xian ren Zhi Lu	Immortal Pointing the Way
15.	盖拦式	Gai lan Shi	Cover and Pull Back
16.	古树盘根	Gu Shu Pan Gen	Ancient Tree Twisted Roots
17.	饿虎扑食	E Hu Pu Shi	Hungry Tiger Pounces on Prey
18.	青龙摆尾	Qing Long Bai Wei	Black Dragon Swings Its Tail
19.	倒卷肱	Dao Juan Hong	Backward Arm Circling
20.	野马跳涧	Ye Ma Tiao Jian	Wild Horse Leaping Ravine
21.	白蛇吐信	Bai She Tu Xin	White Snake Spits Out
22.	乌龙摆尾	Wu Long Bai Wei	Black Dragon Swings Tail
23.	钟魁仗剑	Zhong Kui Zhang Jian	Zhongkui's Sword
24.	罗汉降龙	Luo Han Xiang Long	Luohan Subduing Dragon
25.	黑熊翻背	Hei Xiong Fan Bei	Black Bear Turns Backward
26.	燕子啄泥	Yan Zi Zhuo Ni	Swallow Pecks the Mud
27.	白蛇吐信	Bai She Tu Xin	White Snake Spits Out
28.	斜飞式	Xie Fei Shi	Diagonal Flying Form
29.	鹰熊斗智	Ying Xiong Dou Zhi	Hawk & Bear's Battle of Wits
30.	燕子啄泥	Yan Zi Zhuo Ni	Swallow Pecks the Mud
31.	摘星换斗	Zhai Xing Huan Dou	Pluck Star and Return It
32.	海底捞月	Hai Di Lao Yue	Scoop Moon from Under Sea
33.	仙人指路	Xian Ren Zhi Lu	Immortal Pointing the Way

34.	凤凰点头	Feng Huang Dian Tou	Phoenix Dips Its Head
35.	燕子啄泥	Yan Zi Zhuo Ni	Swallow Pecks the Mud
36.	白蛇吐信	Bai She Tu Xin	White Snake Spits Out
37.	斜飞式	Xie Fei Shi	Diagonal Flying Form
38.	左托千斤	Zuo Tuo Qian Jin	Push Leftward
39.	右托千斤	You Tuo Qian Jin	Push Rightward
40.	燕子啄泥	Yan Zi Zhuo Ni	Swallow Pecks the Mud
41.	白猿献果	Bai Yuan Xian Guo	White Ape Presents Fruits
42.	落花式	Luo Hua Shi	Flowers Falling Form
43.	上下斜刺	Shang Xia Xie Ci	Jab Upward then Downward
44.	斜飞式	Xie Fei Shi	Diagonal Flying Form
45.	哪吒探海	Ne Zha Tan Hai	Nezha Searches the Sea
46.	怪蟒翻身	Guai Mang Fan Shen	Boa Turns Itself Around
47.	韦驮献杵	Wei Tuo Xian Chu	Weituo Presents Pounder
48.	磨盘剑	Mo Pan Jian	Mill Stone Turning Sword
49.	太极剑还原	Taijijian Huanyuan	Return to Origin Posture